## Morning Routine – Visual Schedule















## Instructions:

- Print,
- Laminate,
- Cut,
- Velcro or sellotape the back of each items that suit your homes morning routine. You can always use tape to start and if its working well for the child invest in velcro.
- Laminate the blank sheet and Line up icons on this sheet in the ordrer you expect them to be completed
- Explain the concept to the child. Make it fun. Talk through, role play and practice it outside of morning time. Try and avoid teaching it the morning you need it. Teach when you've time and theres no pressure, have them successfully using and understanding it then let them use it indendantly where you actually need it.
- if a sibling needs to feel the same but may not have the ability to take part don't be afraid to print off a second copy and adjust it let them go through the motions supported with you.
- Always acknweladge and celebrate completion and good effort.

MY Morning